

A Thuismitheoirí/Chaomhnóirí,

Cuirtear clár Folláine na scoile i bhfeidhm sa scoil mar chuid den tSraith Shóisearach, dhá rang sa tseachtain atá i gceist. Tacaíonn an clár seo le scoláirí i mórán bealaí éagsúla. Cabhraíonn an clár le scoláirí barr a gcumais a aimsiú, aire a thabhairt dá bhfolláine intinne agus fisiciúil, teacht aniar a chothú maidir le dúshlán an tsaoil agus a léirú dóibh an ról atá acu sa tsaol agus sa phobal i gcoitinne.

Is iad táscairí na folláine a úsáidtear chun an clár a thomhas agus a stiúradh. Orthu san tá tascairí a spreagann daltaí a bheith gníomhach, freagrach, ceangailte, meas,feasach agus teacht aniar a chothú sa chlár.

De bharr líon ard múinteoirí ábhair agus tuismitheoirí/caomhnóirí a bheidh ag freastal ar chruinniú na hoíche anocht níl aon ghá ag an tuismitheoir/caomhnóir bualadh le múinteoir Folláine an dalta, seachas muna bhfuil cúis nó fiosrú fé leith i gceist .

Le meas,

An Roinn Folláine Bliain 1.

Pobalscoil Chorca Dhuibhne.

Dear Parents / Guardians,

Wellbeing is a new addition to the Junior Cert course that requires 2 class periods per week. Now in its third year as part of the curriculum, this short course helps students in a variety of ways. It helps students to realise their abilities, take care of their physical and mental wellbeing, cope with the normal stresses of life and help them have a sense of purpose and belonging to a wider community.

The course focuses on a number of indicators of wellbeing that encourage the student to be active, responsible, organised, connected, resilient, respected and aware.

Unless parents have a very specific query, and given the extent of subject teachers for parents and guardians to meet this evening in a tight timeframe, it

is not necessary for parents / guardians to meet with their child's Wellbeing teacher.

Le meas,

An Roinn Folláine Bliain 1

Pobalscoil Chorca Dhuibhne