Pobalscoil Chorca Dhuibhne, An Gróbh, Daingean Uí Chúis.

ENGLISH version overleaf

A thuismitheoirí / caomhnóirí, a chara,

Táimid ag eagrú lá imeachtaí do dhaltaí Bhliain 1 Dé Máirt seo chugainn, an 15 Samhain 2022. Is lá é eagraithe ag Conradh na Gaeilge a nascann labhairt na Gaeilge le lá folláine sa scoil. Gan amhras, toisc gur scoil Ghaeltachta, lán-Ghaeilge sinn, is í an Ghaeilge teanga na scoile ar aon nós! Ach ba mhaith linn páirt a ghlacadh san ócáid seo arís i mbliana chun spreagadh agus deis spraoi a chur ar fáil do dhaltaí Bhliain 1 agus rud éigin deas taitneamhach a dhéanamh leo. Beidh gnáthéadaí spóirt á gcaitheamh ag na daltaí seachas an éide scoile.

Beidh na himeachtaí / gníomhaíochtaí sníofa isteach sna ranganna i gcaitheamh an lae. Beidh na gnáthranganna ar siúl ach casadh bainte astu. Seo blaiseadh de na rudaí a bheidh ar siúl:

- **Seisiún HIIT** (aclaíocht - seisiún stiúrtha ar líne)
- **Tráth na gCeist** eagraithe ag Conradh na Gaeilge agus duaiseanna le buachtaint (guthán póca nó gléas eile ag teastáil)
- **Rang Ióga** (seisiún stiúrtha ar líne)
- **Siúlóid**
- **Seisiún Machnaimh** (seisiún stiúrtha ar líne)
- **Leideanna Folláine**

Mar chuid den ócáid, iarrann Conradh na Gaeilge go mbaileodh na daltaí €10 an duine. Faigheann na daltaí t-léine, banda láimhe agus teastas as agus úsáideann Conradh na Gaeilge an brabús chun tacú le himeachtaí Gaeilge ar fud na tíre.

Ag súil go mbainfidh na daltaí ar fad taitneamh as.

Éamonn Mac Muiris

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Príomhoide

Dear parents / guardians,

We are organising a day of events for 1st Years next Tuesday 15th of November 2022. It is a day organised by Conradh na Gaeilge which combines speaking Irish with wellbeing events. Naturally, since we are a Gaeltacht school and an Irish medium school, we speak Irish anyway every day! But we would like to take part in this event this year to encourage the students and provide some fun events for them. Students will wear their sports clothes for the day.

The events / activities will be woven into the normal classes during the day. Normal classes will take place but with a twist. Here is a sample of some of the events:

- **HIIT Session** (exercise – guided online session)
- **Quiz** organised by Conradh na Gaeilge and prizes to be won (a mobile phone or other device needed)
- **Yoga class** (guided online session)
- **Walk**
- **Mindfulness session** (guided online session)
- **Wellbeing pointers**

As part of the event, Conradh na Gaeilge requests that each student collects €10. The students get a package which includes a t-shirt, a wristband and a certificate and Conradh na Gaeilge will use the profit to fund Irish language events nationally.

Hoping that the students will enjoy the day.

Éamonn Mac Muiris
Principal